

Recipe: 8523 - GR 8523 Donut Recipe 601 Cookie Monster Ring Mel O Cream
Recipe Owing Business Unit: 100000 - East - Grand Rapids
Production Item: 20852300000 - Single Donut Recipe
Production Item Owing Business Unit: 0 - Corporate

2016 Nutrition Panel

Nutrition Facts	
1 Servings Per Container	
Serving Size	1 Each (1673g)
Amount Per Serving	
Calories	5610
% Daily Value *	
Total Fat 277g	355%
Saturated Fat 127g	634%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 6850mg	298%
Total Carbohydrate 661g	240%
Dietary Fiber 20g	73%
Total Sugars 97g	
Includes 29g Added Sugars	57%
Protein 120g	
Vitamin D 0mcg	0%
Calcium 403mg	31%
Iron 38mg	214%
Potassium 1620mg	34%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: Ingredients: Enriched Flour (Wheat Flour, Niacin, Iron, Thiamine Monohydrate, Riboflavin, Folic Acid), Water, Sugar, Yeast, Soybean Oil, Palm Oil, Salt, Defatted Soy Flour, Whey, Mono And Diglycerides, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Yellow Corn Flour, Nonfat Milk, Sodium Stearoyl Lactylate, Extract Of Corn And Malted Barley, Datem, Egg Yolk With Sodium Silicoaluminate, Natural And Artificial Flavor, Color Added, Ascorbic Acid. , Palm Oil, Vanilla Icing (Sugar, Corn Syrup, Water, Palm Oil, Contains 2% Or Less Of: Artificial Flavor, Palm Kernel Oil, Preservatives [Potassium Sorbate, Sorbic Acid], Titanium Dioxide [Color]), Blue Coloring (Medium Chain Triglycerides, Propylene Glycol, FD&C Blue #2 Lake, Mono And Diglycerides, Sunflower Lecithin, FD&C Blue #1 Lake, FD&C Red #3), Oreo(r) (Unbleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid], Sugar, Palm Oil, Soybean And/Or Canola Oil, Cocoa [Processed With Alkali], High Fructose Corn Syrup, Leavening [Baking Soda And/Or Calcium Phosphate], Salt, Soy Lecithin, Chocolate, Artificial Flavor), Vanilla Buttercream Frosting (Sugar [With Corn Starch], Base [Dextrose, Palm Oil, Maltodextrin, High Oleic Sunflower And/ Or Canola Oil, Nonfat Milk, Hydrogenated Cottonseed Oil Mono- And Diglycerides, Polysorbate 60, Artificial Flavor], Butter [Pasteurized Cream, Salt], Water, Flavor [Dextrose, Corn Starch, Less Than 0.1%: Turmeric & Apo Carotenal, Alcohol, Natural Mixed Tocopherols])

Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: Contains Bioengineered Ingredient

Recipe: 27900 - FG 8523 Donut Recipe 302 Cookie Monster Cake Donut MOC Dohjo

Recipe Owning Business Unit: 200000 - West - Fargo

Production Item: 20852300000 - Single Donut Recipe

Production Item Owning Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size		1 Donut (95g)	
Servings Per Container		About 576	
Amount Per Serving			
Calories	520	Calories from Fat	240
% Daily Value *			
Total Fat	26g		40%
Saturated Fat	13g		65%
Trans Fat	0g		
Cholesterol	15mg		5%
Sodium	510mg		21%
Total Carbohydrate	66g		22%
Dietary Fiber	2g		6%
Sugars	38g		
Protein	5g		
Vitamin A	0%	Vitamin C	0%
Calcium	4%	Iron	13%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients: Enriched Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Palm, Soybean, And Cottonseed), Sugar, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Defatted Soy Flour, Egg Yolk With Sodium Silicoaluminate, Salt, Soy Lecitin, Dextrose, Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Color Added. Ingredients: Sugar, Water, Corn Syrup. Contains 2% Or Less Of Each Of The Following: Agar, Artificial Color, Potassium Sorbate (Preservative), Citric Acid, Natural And Artificial Flavor, Locust Bean Gum, Mono- And Diglycerides. Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate {Vitamin B1}, Riboflavin {Vitamin B2}, Folic Acid), Sugar, Palm and/or Canola Oil, Cocoa (Processed with Alkali), High Fructose Corn Syrup, Leavening (Baking Soda and/or Calcium Phosphate), Salt, Soy Lecithin, Chocolate, Artificial Flavor. Blue Coloring (Medium Chain Triglycerides, Propylene Glycol, FD&C Blue #2 Lake, Mono And Diglycerides, Sunflower Lecithin, FD&C Blue #1 Lake, FD&C Red #3), Sugar (With Corn Starch), Base (Dextrose, Palm Oil, Maltodextrin, High Oleic Sunflower And/ Or Canola Oil, Nonfat Milk, Hydrogenated Cottonseed Oil Mono- And Diglycerides, Polysorbate 60, Artificial Flavor.), Butter (Pasteurized Cream, Salt), Water, Flavor (Dextrose, Corn Starch, Less Than 0.1%: Turmeric & Apo Carotenal, Alcohol, Natural Mixed Tocopherols). Allergens: WHEAT, MILK, SOY , EGGS, [Not an Allergen] ([Not an Allergen])

Bioengineered: Bioengineered

Recipe: 27916 - SC 8523 Donut Recipe 306 Mini M&Ms Sour Cream Cake MOC Dohjo

Recipe Owing Business Unit: 500000 - West - St. Cloud

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size		1 Donut (106g)	
Servings Per Container		About 576	
Amount Per Serving			
Calories	450	Calories from Fat	180
% Daily Value *			
Total Fat	20g		31%
Saturated Fat	9g		47%
Trans Fat	0g		
Cholesterol	30mg		10%
Sodium	400mg		17%
Total Carbohydrate	61g		20%
Dietary Fiber	1g		5%
Sugars	24g		
Protein	6g		
Vitamin A	0%	Vitamin C	0%
Calcium	6%	Iron	10%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients: Enriched Wheat Flour Bleached (Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Palm, Soybean, And Cottonseed), Sugar, Dextrose, Soybean Oil, Maltodextrin, Dry Egg Yolk, Natural Sour Cream Flavor, Soy Flour, Leavening (Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate), Wheat Starch, Nonfat Milk Solids, Salt, Dry Whole Eggs, Soy Lecithin, Cellulose Gum, Mono & Diglycerides With Bht As Preservative, Sodium Diacetate (Preservative), Artificial Flavor, Corn Starch, Citric Acid, Silicon Dioxide. Ingredients: Milk Chocolate (Sugar, Chocolate, Skim Milk, Cocoa Butter, Lactose, Milkfat, Soy Lecithin, Salt, Artificial Flavors), Sugar, Less than 2% - Coloring (Includes Blue 1 Lake, Red 40, Yellow 6, Yellow 5, Blue 1, Yellow 5 Lake, Red 40 Lake, Yellow 6 Lake, Blue 2 Lake, Blue 2), Dextrin, Corn Syrup, Cornstarch. Ingredients: Sugar, Water, Soybean Oil, Corn Syrup, High Fructose Corn Syrup, Cocoa (Processed With Alkali), Cocoa. Contains 2% Or Less Of Each Of The Following: Vegetable Shortening (Palm Oil, Fully Hydrogenated Cottonseed Oil), Mono- And Diglycerides, Salt, Potassium Sorbate (Preservative), Citric Acid, Soy Lecithin. Allergens: WHEAT, MILK, SOY , EGGS, PEANUTS

Bioengineered: None

**Recipe: 634 - GR 8523 Single Donut Recipe 634 Sour Cream Candy Button Donut
Mel O Cream**

Recipe Owing Business Unit: 100000 - East - Grand Rapids

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

2016 Nutrition Panel

Nutrition Facts	
1 Servings Per Container	
Serving Size	1 Each (113g)
Amount Per Serving	
Calories	250
% Daily Value *	
Total Fat 12g	16%
Saturated Fat 5g	27%
Trans Fat 0g	
Cholesterol 25mg	9%
Sodium 330mg	14%
Total Carbohydrate 32g	12%
Dietary Fiber <1g	3%
Total Sugars 13g	
Includes 13g Added Sugars	27%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 44mg	4%
Iron 1mg	6%
Potassium 55mg	2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: Cake Donut (Enriched Wheat Flour Bleached [Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vegetable Oil [Palm, Soybean, And Cottonseed], Sugar, Dextrose, Soybean Oil, Maltodextrin, Dry Egg Yolk, Natural Sour Cream Flavor, Soy Flour, Leavening [Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate], Wheat Starch, Nonfat Milk Solids, Salt, Dry Whole Eggs, Soy Lecithin, Cellulose Gum, Mono & Diglycerides With BHT As Preservative, Sodium Diacetate [Preservative], Artificial Flavor, Corn Starch, Citric Acid, Silicon Dioxide), Ingredients: Sugar, Corn Syrup, Water, Soybean Oil, Cocoa Processed With Alkali, Palm Oil, Contains 2% Or Less Of: Natural And Artificial Flavor, Palm Kernel Oil, Preservative (Sorbic Acid), Salt, Soy Lecithin, Unsweetened Chocolate. , Semi-Sweet Milk Chocolate (Milk Chocolate [Sugar, Chocolate, Skim Milk, Cocoa Butter, Lactose, Milkfat, Soy Lecithin, Salt, Artificial Flavors], Sugar, Less than 2% Of: Coloring [Includes Blue 1 Lake, Red 40, Yellow 6, Yellow 5, Blue 1, Yellow 5 Lake, Red 40 Lake, Yellow 6 Lake, Blue 2 Lake, Blue 2], Dextrin, Corn Syrup, Cornstarch)
Allergens: WHEAT, MILK, SOY , EGGS

Bioengineered: Contains Bioengineered Ingredient

Recipe: 27909 - FG 8523 Donut Recipe 304 Toffee Cruncher Cake Donut MOC Dohjo

Recipe Owing Business Unit: 200000 - West - Fargo

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size		1 Donut (99g)	
Servings Per Container		About 576	
Amount Per Serving			
Calories	430	Calories from Fat	210
% Daily Value *			
Total Fat	23g		36%
Saturated Fat	11g		54%
Trans Fat	0g		
Cholesterol	15mg		5%
Sodium	480mg		20%
Total Carbohydrate	52g		17%
Dietary Fiber	1g		5%
Sugars	30g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	6%	Iron	11%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients: Enriched Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Palm, Soybean, And Cottonseed), Sugar, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Defatted Soy Flour, Egg Yolk With Sodium Silicoaluminate, Salt, Soy Lecitin, Dextrose, Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Color Added. Ingredients: Sugar, Water, Soybean Oil, Corn Syrup, High Fructose Corn Syrup, Cocoa (Processed With Alkali), Cocoa. Contains 2% Or Less Of Each Of The Following: Vegetable Shortening (Palm Oil, Fully Hydrogenated Cottonseed Oil), Mono- And Diglycerides, Salt, Potassium Sorbate (Preservative), Citric Acid, Soy Lecithin. Ingredients: Milk Chocolate [Sugar; Cocoa Butter; Chocolate; Skim Milk; Milk Fat; Lactose; Salt; Lecithin (Soy); Natural Flavor]; Sugar; Vegetable Oil [Palm Oil; Sunflower Oil]; Dairy Butter (Milk); Almonds; Contains 2% or Less of: Salt; Lecithin (Soy); Chocolate.

Allergens: WHEAT, MILK, SOY , EGGS, TREE NUT.

Bioengineered: None

Recipe: 631 - GR 8523 Single Donut Recipe 631 Nutty for Peanut Butter Mel O Cream

Recipe Owing Business Unit: 100000 - East - Grand Rapids

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

2016 Nutrition Panel

Nutrition Facts	
1 Servings Per Container	
Serving Size	1 Each (142g)
Amount Per Serving	
Calories	630
% Daily Value *	
Total Fat 31g	40%
Saturated Fat 13g	65%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 560mg	24%
Total Carbohydrate 79g	29%
Dietary Fiber 3g	9%
Total Sugars 48g	
Includes 37g Added Sugars	75%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 53mg	4%
Iron 3mg	14%
Potassium 220mg	4%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: Cake Donut (Enriched Flour [Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vegetable Oil [Palm, Soybean, And Cottonseed], Sugar, Leavening [Sodium Acid Pyrophosphate, Baking Soda], Nonfat Milk, Defatted Soy Flour, Egg Yolk With Sodium Silicoaluminate, Salt, Soy Lecithin, Dextrose, Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, BHT And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Color Added), Chocolate Fondant Icing (Sugar, Corn Syrup, Water, Soybean Oil, Cocoa Processed With Alkali, Palm Oil, Contains 2% Or Less Of: Natural And Artificial Flavor, Palm Kernel Oil, Preservative [Sorbic Acid], Salt, Soy Lecithin, Unsweetened Chocolate), Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate {Vitamin B1}, Riboflavin {Vitamin B2}, Folic Acid), Sugar, Peanut Butter (Roasted Peanuts, Corn Syrup Solids, Hydrogenated Vegetable Oil {Rapeseed, Cottonseed, and Soybean Oils}, Salt, Peanut Oil), Soybean and/or Canola Oil, Whole Grain Wheat Flour, High Fructose Corn Syrup, Palm Oil, Salt, Leavening (Baking Soda, Calcium Phosphate), Soy Lecithin, Artificial Flavor. Vanilla Buttercream Frosting (Sugar [With Corn Starch], Base [Dextrose, Palm Oil, Maltodextrin, High Oleic Sunflower And/ Or Canola Oil, Nonfat Milk, Hydrogenated Cottonseed Oil Mono- And Diglycerides, Polysorbate 60, Artificial Flavor], Butter [Pasteurized Cream, Salt], Water, Flavor [Dextrose, Corn Starch, Less Than 0.1%: Turmeric & Apo Carotenal, Alcohol, Natural Mixed Tocopherols]), Peanut Butter (Roasted Peanuts, Sugar, Contains 2% or Less of: Molasses, Fully Hydrogenated Vegetable Oils (Rapeseed and Soybean), Mono and Diglycerides, Salt)

Allergens: WHEAT, MILK, SOY, EGGS, PEANUTS

Bioengineered: Contains Bioengineered Ingredient

Recipe: 27760 - FG 8523 Donut Recipe 286 Cookies N Cream Yeast Ring MOC Dohjo

Recipe Owing Business Unit: 200000 - West - Fargo

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size		1 Donut (110g)	
Servings Per Container		About 576	
Amount Per Serving			
Calories	520	Calories from Fat	190
% Daily Value *			
Total Fat	21g		33%
Saturated Fat	9g		43%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	440mg		18%
Total Carbohydrate	78g		26%
Dietary Fiber	1g		6%
Sugars	40g		
Protein	5g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	10%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Vegetable Oil (Palm, Soybean, And Cottonseed). , Yeast, Salt, Whey, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Annatto And Turmeric Extract Color. Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate {Vitamin B1}, Riboflavin {Vitamin B2}, Folic Acid), Sugar, Palm and/or Canola Oil, Cocoa (Processed with Alkali), High Fructose Corn Syrup, Leavening (Baking Soda and/or Calcium Phosphate), Salt, Soy Lecithin, Chocolate, Artificial Flavor. Ingredients: Sugar, Water, Soybean Oil, Corn Syrup, High Fructose Corn Syrup, Cocoa (Processed With Alkali), Cocoa. Contains 2% Or Less Of Each Of The Following: Vegetable Shortening (Palm Oil, Fully Hydrogenated Cottonseed Oil), Mono- And Diglycerides, Salt, Potassium Sorbate (Preservative), Citric Acid, Soy Lecithin. Ingredients: Sugar, Water, Corn Syrup. Contains 2% Or Less Of Each Of The Following: Agar, Artificial Color, Potassium Sorbate (Preservative), Citric Acid, Natural And Artificial Flavor, Locust Bean Gum, Mono- And Diglycerides. Allergens: WHEAT, MILK, SOY , EGGS, [Not an Allergen] ([Not an Allergen])

Bioengineered: None

Recipe: 27921 - FG 8523 Donut Recipe 308 Butterfinger Yeast Ring MOC Dohjo
Recipe Owning Business Unit: 200000 - West - Fargo
Production Item: 20852300000 - Single Donut Recipe
Production Item Owning Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size		1 Donut (99g)	
Servings Per Container		About 576	
Amount Per Serving			
Calories	370	Calories from Fat	140
% Daily Value *			
Total Fat	15g		24%
Saturated Fat	7g		37%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	330mg		14%
Total Carbohydrate	53g		18%
Dietary Fiber	0g		0%
Sugars	24g		
Protein	5g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Vegetable Oil (Palm, Soybean, And Cottonseed). , Yeast, Salt, Whey, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Annatto And Turmeric Extract Color. Ingredients: Corn Syrup, Sugar, Peanuts, Vegetable Oil (Palm Kernel, and Palm Oil), Peanut Flour, Nonfat Milk, Less Than 2% Of Cocoa, Milk, Salt, Soy Lecithin, Natural Flavor, Annatto Color, Ingredients: Sugar, Water, Maltodextrin. Contains 2% Or Less Of Each Of The Following: Agar, Cellulose Gum, Potassium Sorbate (Preservative), Citric Acid, Mono- And Diglycerides. , Ingredients: Sugar, Water, Soybean Oil, Corn Syrup, High Fructose Corn Syrup, Cocoa (Processed With Alkali), Cocoa. Contains 2% Or Less Of Each Of The Following: Vegetable Shortening (Palm Oil, Fully Hydrogenated Cottonseed Oil), Mono- And Diglycerides, Salt, Potassium Sorbate (Preservative), Citric Acid, Soy Lecithin.

Allergens: WHEAT, MILK, SOY , EGGS, PEANUTS, [Not an Allergen] ([Not an Allergen])

Bioengineered: None

Recipe: 27799 - FG 8523 Donut Recipe 292 Tricky Twix Bavarian Bismark MOC Dohjo

Recipe Owing Business Unit: 200000 - West - Fargo

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size		1 Donut (128g)	
Servings Per Container		About 400	
Amount Per Serving			
Calories	470	Calories from Fat	170
% Daily Value *			
Total Fat	19g		30%
Saturated Fat	9g		45%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	370mg		15%
Total Carbohydrate	69g		23%
Dietary Fiber	0g		0%
Sugars	40g		
Protein	5g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Svegetable Oil (Palm, Soybean, And Cottonseed), Yeast, High Fructose Corn Syrup, Salt, Corn Syrup, Whey, Food Starch Modified, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Partially Hydrogenated Vegetable Oil (Soybean And Or Cottonseed Oil), Yellow Corn Flour, Sorbic Acid And Sodium Benzoate (As Preservatives), Titanium Dioxide (As Color), Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Mono And Diglycerides With Bht As Preservative, Phosphoric Acid, Agar, Propylene Glycol, Glycerine, Natural Flavor, Bht, Citric Acid (Preservative), Artificial Flavor, Annatto And Turmeric Extract Color, Fd&C Yellow 5 And 6. Ingredients: Sugar, Water, Soybean Oil, Corn Syrup, High Fructose Corn Syrup, Cocoa (Processed With Alkali), Cocoa. Contains 2% Or Less Of Each Of The Following: Vegetable Shortening (Palm Oil, Fully Hydrogenated Cottonseed Oil), Mono- And Diglycerides, Salt, Potassium Sorbate (Preservative), Citric Acid, Soy Lecithin. Ingredients: Milk Chocolate (Sugar, Cocoa Butter, Chocolate, Skim Milk, Lactose, Milkfat, Soy Lecithin, PGPR, Artificial Flavors), Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Palm Oil, Corn Syrup, Skim Milk, Dextrose, Less than 2% - Salt, Cocoa Powder, Soy Lecithin, Modified Corn Starch, Baking Soda, Artificial Flavor. Ingredients: Sugar, Vegetable Shortening (Palm Oil), Water, High Fructose Corn Syrup, Corn Syrup, Modified Whey (Milk), Caramel Color (Sulfites), Artificial Flavor, Mono- And Diglycerides, Polysorbate 60, Salt, Soy Lecithin, Potassium Sorbate (Preservative), Citric Acid, Red 40.

Allergens: WHEAT, MILK, SOY , EGGS, PEANUTS

Bioengineered: None

Recipe: 27750 - SC 8523 Donut Recipe 282 Snicker's Holland Long John MOC Dohjo

Recipe Owing Business Unit: 500000 - West - St. Cloud

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size		1 Donut (124g)	
Servings Per Container		About 576	
Amount Per Serving			
Calories	500	Calories from Fat	220
% Daily Value *			
Total Fat	24g		37%
Saturated Fat	9g		47%
Trans Fat	1.5g		
Cholesterol	0mg		0%
Sodium	390mg		16%
Total Carbohydrate	65g		22%
Dietary Fiber	0g		0%
Sugars	38g		
Protein	5g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Filled Long John Donut (Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Sugar, Vegetable Oil [Palm, Soybean, And Cottonseed], Yeast, Salt, Whey, Hydrogenated Palm Oil, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening [Sodium Acid Pyrophosphate, Baking Soda], Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, BHT And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Poly Sorbate 60, Annatto And Turmeric Extract Color), Ingredients: Sugar, Water, Soybean Oil, Corn Syrup, High Fructose Corn Syrup, Cocoa (Processed With Alkali), Cocoa. Contains 2% Or Less Of Each Of The Following: Vegetable Shortening (Palm Oil, Fully Hydrogenated Cottonseed Oil), Mono- And Diglycerides, Salt, Potassium Sorbate (Preservative), Citric Acid, Soy Lecithin. Ingredients: Milk Chocolate (Sugar, Cocoa Butter, Chocolate, Skim Milk, Lactose, Milkfat, Soy Lecithin) Peanuts, Corn Syrup, Sugar, Palm Oil, Skim Milk, Lactose, Salt, Egg Whites, Artificial Flavor.

Allergens: PEANUTS AND OR TREE NUTS., WHEAT, MILK, SOY , EGGS

Bioengineered: None

**Recipe: 27935 - SC 8523 Donut Recipe 312 Peanut Butter Raspberry Bismark
MOC Dohjo**

Recipe Owing Business Unit: 500000 - West - St. Cloud

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size		1 Donut (128g)	
Servings Per Container		About 400	
Amount Per Serving			
Calories	470	Calories from Fat	180
% Daily Value *			
Total Fat	20g		31%
Saturated Fat	6g		31%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	370mg		15%
Total Carbohydrate	63g		21%
Dietary Fiber	2g		9%
Sugars	36g		
Protein	8g		
Vitamin A	0%	Vitamin C	0%
Calcium	2%	Iron	8%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Vegetable Oil (Palm, Soybean, And Cottonseed), Yeast, Salt, High Fructose Corn Syrup, Whey, Corn Syrup, Defatted Soy Flour, Food Starch Modified, Red Raspberries, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Citric Acid, Sodium Benzoate, And Potassium Sorbate (As Preservatives), Datem, Egg Yolk With Sodium Silicoaluminate, Sodium Citrate, Malic Acid, Natural Flavor, Bht, Citric Acid (Preservative), Artificial Flavor, Guar Gum, Locust Bean Gum, Propylene Glycol, Annatto And Turmeric Extract Color, Fd&C Red 40 And Blue 1, Sodium Sulfate. Ingredients: Sugar, Water, Corn Syrup. Contains 2% Or Less Of Each Of The Following: Agar, Artificial Color, Potassium Sorbate (Preservative), Citric Acid, Natural And Artificial Flavor, Locust Bean Gum, Mono- And Diglycerides. Ingredients: Peanuts, Sugar, Fully Hydrogenated Vegetable Oils (Rapeseed, Cottonseed and Soybean), Molasses, And Salt.
Allergens: WHEAT, MILK, SOY , EGGS, PEANUTS, [Not an Allergen] ([Not an Allergen])

Bioengineered: None

**Recipe: 27745 - OM 8523 Donut Recipe 279 Peanut Butter in my Chocolate
Holland Long John MOC Dohjo**

Recipe Owning Business Unit: 400000 - West - Omaha

Production Item: 20852300000 - Single Donut Recipe

Production Item Owning Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size		1 Donut (120g)	
Servings Per Container		About 576	
Amount Per Serving			
Calories	760	Calories from Fat	350
% Daily Value *			
Total Fat	38g		59%
Saturated Fat	15g		73%
Trans Fat	1.5g		
Cholesterol	10mg		3%
Sodium	580mg		24%
Total Carbohydrate	91g		30%
Dietary Fiber	4g		14%
Sugars	62g		
Protein	12g		
Vitamin A	0%	Vitamin C	0%
Calcium	6%	Iron	13%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Vegetable Oil (Palm, Soybean, And Cottonseed), Yeast, Salt, Whey, Hydrogenated Palm Oil, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Poly Sorbate 60, Annatto And Turmeric Extract Color. Chocolate Icing (Sugar, Water, Soybean Oil, Corn Syrup, High Fructose Corn Syrup, Cocoa [Processed With Alkali], Cocoa, Contains 2% Or Less Of Each Of The Following: Vegetable Shortening [Palm Oil, Fully Hydrogenated Cottonseed Oil], Mono- And Diglycerides, Salt, Potassium Sorbate [Preservative], Citric Acid, Soy Lecithin), Ingredients: Milk Chocolate [Sugar, Cocoa Butter, Chocolate, Skim Milk, Milk Fat, Lactose, Lecithin (Soy), PGPR], Peanuts, Sugar, Dextrose, Salt, TBHQ and Citric Acid, to Maintain Freshness.

Allergens: WHEAT, MILK, SOY , EGGS, PEANUTS

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 27753 - OM 8523 Donut Recipe 283 Peanut Butter Cup Bavarian Long
John MOC Dohjo**

Recipe Owning Business Unit: 400000 - West - Omaha

Production Item: 20852300000 - Single Donut Recipe

Production Item Owning Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size		1 Donut (131g)	
Servings Per Container		About 576	
Amount Per Serving			
Calories	870	Calories from Fat	400
% Daily Value *			
Total Fat	45g		69%
Saturated Fat	17g		85%
Trans Fat	1.5g		
Cholesterol	10mg		3%
Sodium	660mg		28%
Total Carbohydrate	104g		35%
Dietary Fiber	4g		17%
Sugars	72g		
Protein	14g		
Vitamin A	0%	Vitamin C	0%
Calcium	8%	Iron	16%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Vegetable Oil (Palm, Soybean, And Cottonseed), Yeast, High Fructose Corn Syrup, Salt, Corn Syrup, Whey, Food Starch Modified, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, , Yellow Corn Flour, Sorbic Acid And Sodium Benzoate (As Preservatives), Titanium Dioxide (As Color), Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Mono And Diglycerides With Bht As Preservative, Phosphoric Acid, Agar, Propylene Glycol, Glycerine, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Annatto And Turmeric Extract Color, Fd&C Yellow 5 And 6. Chocolate Icing (Sugar, Water, Soybean Oil, Corn Syrup, High Fructose Corn Syrup, Cocoa [Processed With Alkali], Cocoa, Contains 2% Or Less Of Each Of The Following: Vegetable Shortening [Palm Oil, Fully Hydrogenated Cottonseed Oil], Mono- And Diglycerides, Salt, Potassium Sorbate [Preservative], Citric Acid, Soy Lecithin), Ingredients: Milk Chocolate [Sugar, Cocoa Butter, Chocolate, Skim Milk, Milk Fat, Lactose, Lecithin (Soy), PGPR], Peanuts, Sugar, Dextrose, Salt, TBHQ and Citric Acid, to Maintain Freshness.
Allergens: WHEAT, MILK, SOY , EGGS, PEANUTS

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 27739 - OM 8523 Donut Recipe 277 Maple Bacon Bavarian Long John
MOC Dohjo**

Recipe Owning Business Unit: 400000 - West - Omaha

Production Item: 20852300000 - Single Donut Recipe

Production Item Owning Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size		1 Donut (125g)	
Servings Per Container		About 576	
Amount Per Serving			
Calories	430	Calories from Fat	180
% Daily Value *			
Total Fat	20g		31%
Saturated Fat	8g		42%
Trans Fat	1.5g		
Cholesterol	5mg		2%
Sodium	460mg		19%
Total Carbohydrate	57g		19%
Dietary Fiber	0g		0%
Sugars	30g		
Protein	6g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Vegetable Oil (Palm, Soybean, And Cottonseed), Yeast, High Fructose Corn Syrup, Salt, Corn Syrup, Whey, Food Starch Modified, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, , Yellow Corn Flour, Sorbic Acid And Sodium Benzoate (As Preservatives), Titanium Dioxide (As Color), Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Mono And Diglycerides With Bht As Preservative, Phosphoric Acid, Agar, Propylene Glycol, Glycerine, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Annatto And Turmeric Extract Color, Fd&C Yellow 5 And 6. Ingredients: Sugar, Water, Corn Syrup, Contains 2% Or Less Of: Agar-Agar, Artificial Flavor, Caramel Color, Citric Acid, Cornstarch, Guar Gum, Pectin, Preservative (Potassium Sorbate), Salt, Stearic Acid, Sulfites, Yellow 6. Ingredients: Cured with Water, Salt, Sugar, Sodium Erythorbate, Sodium Nitrite.
Allergens: WHEAT, MILK, SOY , EGGS, 0

Bioengineered: None

Recipe: 27749 - OM 8523 Donut recipe 281 M&M&M Holland Long John MOC Dohjo

Recipe Owning Business Unit: 400000 - West - Omaha

Production Item: 20852300000 - Single Donut Recipe

Production Item Owning Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size		1 Donut (120g)	
Servings Per Container		About 576	
Amount Per Serving			
Calories	480	Calories from Fat	200
% Daily Value *			
Total Fat	22g		35%
Saturated Fat	10g		48%
Trans Fat	1.5g		
Cholesterol	0mg		0%
Sodium	350mg		15%
Total Carbohydrate	63g		21%
Dietary Fiber	0g		0%
Sugars	28g		
Protein	5g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Vegetable Oil (Palm, Soybean, And Cottonseed), Yeast, Salt, Whey, Hydrogenated Palm Oil, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Poly Sorbate 60, Annatto And Turmeric Extract Color. Chocolate Icing (Sugar, Water, Soybean Oil, Corn Syrup, High Fructose Corn Syrup, Cocoa [Processed With Alkali], Cocoa, Contains 2% Or Less Of Each Of The Following: Vegetable Shortening [Palm Oil, Fully Hydrogenated Cottonseed Oil], Mono- And Diglycerides, Salt, Potassium Sorbate [Preservative], Citric Acid, Soy Lecithin), Ingredients: Milk Chocolate (Sugar, Chocolate, Skim Milk, Cocoa Butter, Lactose, Milkfat, Soy Lecithin, Salt, Artificial Flavors), Sugar, Less than 2% - Coloring (Includes Blue 1 Lake, Red 40, Yellow 6, Yellow 5, Blue 1, Yellow 5 Lake, Red 40 Lake, Yellow 6 Lake, Blue 2 Lake, Blue 2), Dextrin, Corn Syrup, Cornstarch.
Allergens: WHEAT, MILK, SOY , EGGS, PEANUTS

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 27746 - OM 8523 Donut Recipe 280 German Chocolate Bavarian Long
John MOC Dohjo**

Recipe Owning Business Unit: 400000 - West - Omaha

Production Item: 20852300000 - Single Donut Recipe

Production Item Owning Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size		1 Donut (149g)	
Servings Per Container		About 576	
Amount Per Serving			
Calories	590	Calories from Fat	280
% Daily Value *			
Total Fat	32g		49%
Saturated Fat	15g		77%
Trans Fat	2g		
Cholesterol	0mg		0%
Sodium	450mg		19%
Total Carbohydrate	71g		24%
Dietary Fiber	2g		8%
Sugars	39g		
Protein	5g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Vegetable Oil (Palm, Soybean, And Cottonseed), Yeast, High Fructose Corn Syrup, Salt, Corn Syrup, Whey, Food Starch Modified, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, , Yellow Corn Flour, Sorbic Acid And Sodium Benzoate (As Preservatives), Titanium Dioxide (As Color), Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Mono And Diglycerides With Bht As Preservative, Phosphoric Acid, Agar, Propylene Glycol, Glycerine, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Annatto And Turmeric Extract Color, Fd&C Yellow 5 And 6. Ingredients: Sugar, Coconut (Sodium Metabisulfite), Water, Vegetable Shortening (Palm Oil), Corn Syrup, High Fructose Corn Syrup, Pecans. Contains 2% Or Less Of Each Of The Following: Modified Food Starch (Corn), Salt, Polysorbate 60, Caramel Color, Sorbic Acid, Soy Lecithin, Agar, Artificial Flavor, Propyl Gallate (Antioxidant). Ingredients: Sugar, Vegetable Shortening (Palm Oil), Water, High Fructose Corn Syrup, Corn Syrup, Modified Whey (Milk), Caramel Color (Sulfites), Artificial Flavor, Mono- And Diglycerides, Polysorbate 60, Salt, Soy Lecithin, Potassium Sorbate (Preservative), Citric Acid, Red 40. Semisweet Mini Chocolate Morsels (Sugar, Chocolate Liquor, Cocoa Butter, Milkfat, Soy Lecithin, Natural Flavor)
Allergens: WHEAT, MILK, SOY , EGGS, TREE NUT.

Bioengineered: None

**Recipe: 27730 - SC 8523 Donut Recipe 276 Dirty Worms Holland Long John
MOC Dohjo**

Recipe Owing Business Unit: 500000 - West - St. Cloud

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size		1 Donut (130g)	
Servings Per Container		About 576	
Amount Per Serving			
Calories	570	Calories from Fat	220
% Daily Value *			
Total Fat	25g		38%
Saturated Fat	9g		45%
Trans Fat	1.5g		
Cholesterol	0mg		0%
Sodium	460mg		19%
Total Carbohydrate	81g		27%
Dietary Fiber	1g		5%
Sugars	44g		
Protein	6g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	8%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Filled Long John Donut (Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Sugar, Vegetable Oil [Palm, Soybean, And Cottonseed], Yeast, Salt, Whey, Hydrogenated Palm Oil, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening [Sodium Acid Pyrophosphate, Baking Soda], Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, BHT And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Poly Sorbate 60, Annatto And Turmeric Extract Color), Ingredients: Sugar, Water, Soybean Oil, Corn Syrup, High Fructose Corn Syrup, Cocoa (Processed With Alkali), Cocoa. Contains 2% Or Less Of Each Of The Following: Vegetable Shortening (Palm Oil, Fully Hydrogenated Cottonseed Oil), Mono- And Diglycerides, Salt, Potassium Sorbate (Preservative), Citric Acid, Soy Lecithin. Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate {Vitamin B1}, Riboflavin {Vitamin B2}, Folic Acid), Sugar, Palm and/or Canola Oil, Cocoa (Processed with Alkali), High Fructose Corn Syrup, Leavening (Baking Soda and/or Calcium Phosphate), Salt, Soy Lecithin, Chocolate, Artificial Flavor. Candy Gummi Worms (Corn Syrup, Sugar, Gelatin, Citric Acid, Lactic Acid, Pectin, Sorbitol, Natural & Artificial Flavors, Malic Acid, Carnauba Wax, Sodium Citrate, Red 40, Yellow 6, Yellow 5, Blue 1, Blue 2, Vegetable Oil [Palm Oil])
Allergens: WHEAT, MILK, SOY , EGGS

Bioengineered: Contains Bioengineered Ingredient

Recipe: 605 - 8523 Single Donut Recipe 605 Blueberries N Cream Bismark Mel O Cream

Recipe Owning Business Unit: 100000 - East - Grand Rapids

Production Item: 20852300000 - Single Donut Recipe

Production Item Owning Business Unit: 0 - Corporate

2016 Nutrition Panel

Nutrition Facts	
102 Servings Per Container	
Serving Size	1 oz (28g)
Amount Per Serving	
Calories	60
% Daily Value *	
Total Fat 4.5g	6%
Saturated Fat 2g	11%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 4g	2%
Dietary Fiber 0g	0%
Total Sugars 4g	
Includes 4g Added Sugars	8%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: Ingredients: Enriched Flour (Wheat Flour, Niacin, Iron, Thiamine Monohydrate, Riboflavin, Folic Acid), Water, Sugar, Yeast, Soybean Oil, Palm Oil, Salt, Defatted Soy Flour, Whey, Mono And Diglycerides, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Yellow Corn Flour, Nonfat Milk, Sodium Stearoyl Lactylate, Extract Of Corn And Malted Barley, Datem, Egg Yolk With Sodium Silicoaluminate, Natural And Artificial Flavor, Color Added, Ascorbic Acid. , White Holland Creme Filling (Sugar, Palm Oil, Water, High Oleic Sunflower And/ Or Canola Oil, Hydrogenated Cottonseed Oil, Cornstarch, Contains 2% Or Less Of: Artificial Flavor, Citric Acid, Guar Gum, Mono- And Diglycerides, Polysorbate 60, Preservatives [Potassium Sorbate, Sorbic Acid], Salt, Xanthan Gum), Palm Oil, Ingredients: Blueberries, High Fructose Corn Syrup, Water, Food Starch-Modified, Contains 2% Or Less Of: Citric Acid, Natural Flavor, Preservatives (Potassium Sorbate, Sodium Benzoate), Salt. , Vanilla Icing (Sugar, Corn Syrup, Water, Palm Oil, Contains 2% Or Less Of: Artificial Flavor, Palm Kernel Oil, Preservatives [Potassium Sorbate, Sorbic Acid], Titanium Dioxide [Color]), Buttercream Cream Cheese Frosting (Sugar, Vegetable Shortening [Palm Oil, Canola Oil, Mono- And Diglycerides, Polysorbate 60], Cream Cheese [Pasteurized Milk And Cream, Cheese Culture, Salt, Stabilizer (Carob Bean Gum, Xanthan Gum, Guar Gum)], Dextrose, Water, Contains 2% Or Less Of Each Of The Following: Corn Syrup, High Fructose Corn Syrup, Cream Cheese Powder [Cream Cheese Solids (Cream, Nonfat Milk, Salt, Sodium Alginate, Lactic Acid), Corn Syrup Solids, Sodium Caseinate (Milk), Natural Flavor], Natural And Artificial Flavor, Propylene Glycol, Corn Starch, Salt, Soybean Oil, Benzoic Acid [Preservative], Sodium Benzoate [Preservative], Potassium Sorbate [Preservative], Polysorbate 60, Artificial Color)

Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: Contains Bioengineered Ingredient

Recipe: 27763 - FG 8523 Donut Recipe 287 7 Layer Yeast Ring MOC Dohjo
Recipe Owning Business Unit: 200000 - West - Fargo
Production Item: 20852300000 - Single Donut Recipe
Production Item Owning Business Unit: 0 - Corporate

2016 Nutrition Panel

Nutrition Facts	
About 576 Servings Per Container	
Serving Size	1 Donut (106g)
Amount Per Serving	
Calories	120
% Daily Value *	
Total Fat 7g	9%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 11g	4%
Dietary Fiber 1g	4%
Total Sugars 9g	
Includes 9g Added Sugars	18%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 26mg	2%
Iron 0mg	0%
Potassium 90mg	2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Vegetable Oil (Palm, Soybean, And Cottonseed). , Yeast, Salt, Whey, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Annatto And Turmeric Extract Color. Ingredients: Sugar, Water, Corn Syrup. Contains 2% Or Less Of Each Of The Following: Agar, Artificial Color, Potassium Sorbate (Preservative), Citric Acid, Natural And Artificial Flavor, Locust Bean Gum, Mono- And Diglycerides. Ingredients: Coconut, Sugar, Water, Propylene Glycol, Preserves Freshness), Salt, Sodium Metabisulfite (Preserves Whiteness). Semisweet Baking Chips (Sugar, Chocolate Liquor, Cocoa Butter, Milkfat, Soy Lecithin, Natural Flavor), Butterscotch Baking Chips (Sugar, Hydrogenated Palm Kernel Oil, Coconut Oil, Whey, Nonfat Milk, Soy Lecithin, Colored With [Yellow 6 Lake, Yellow 5 Lake, Blue 2 Lake], Natural And Artificial Flavor, Salt), Almonds
Allergens: WHEAT, MILK, SOY , EGGS, [Not an Allergen] ([Not an Allergen]), 0, TREE NUTS (ALMONDS)

Bioengineered: None